

FAQs

Please read the Meet Conditions which contain a lot of important information found at https://www.dss-gb.org/sign-up/

- When is the closing date for entering the Championships? Midnight on Sunday 29th October 2023
- I am new to competing. Do you have any advice? Please have a look at our "Introduction to Competing" help page <u>https://www.dss-gb.org/sign-up/</u>

Entering the Event

- How do I enter? Entries are made via the Swimming Events link found on the DSS-GB website <u>https://www.dss-gb.org/sign-up/</u> You will need to create an account and add your swimmer's details.
- I am not a member of Swim England. What do I enter in the Membership Category box? Please enter Category 2
- I do not belong to a Swim England club. What should I put in the Primary Club box?

Look in the dropdown menu of clubs (in alphabetical order) until you find the No Club option. Click **No Club**.

• Do I need temporary Swim England membership to compete at the British Championships?

Yes - however this will be applied for and funded by Down Syndrome Swimming GB (as set out in the Meet conditions). When you have successfully entered the Championships, you will be emailed a google form to complete which will gather the details required to apply on your behalf.

• I do not have a Membership number. What do I put in the Membership Number box on the swimmer details form on Swimming Events?

We suggest you enter -1

• How many events can I enter?

You may enter a maximum of 8 races over the weekend. If you enter more we will reject your entries over and above 8.

• If I wish to enter a race but do not have a time, what should I do? Enter 000000 in the Entry time box for the event you wish to enter.

• How do I buy a poolside pass?

These can be bought on the Swimming Events site by clicking the "Purchase Tickets" icon on the British Championships page. They cost £5 per day. No unaccompanied swimmers are permitted poolside. Maximum one poolside pass per swimmer.

• How many coaches/support can be poolside with me?

No more than one coach/support per swimmer to be present poolside. One poolside pass will be permitted per independent swimmer entry, to allow them to have an assistant with them on poolside. Poolside passes must be applied for when submitting entries. For Swim Club / groups – we would suggest a coach / team manager to swimmer ratio of 1 per 4 swimmers.

• Why should I consider NOT entering a 25m race?

- I have achieved below the cut-off time in the past and therefore am too fast for the 25m races.
- There are 50m races in all events and with a Swim England membership, these race times will be recorded on the Rankings.

• What are speeding tickets?

If you enter a competition and end up swimming a time that is faster than the fastest allowed entry for that race, you will be given a speeding ticket. Your time will still be officially recorded in the results but you are not able to win medals or trophies. Whilst you may be disappointed that you have not been awarded a medal, a speeding ticket means that you have swum a personal best time which should be celebrated.

• Can I start my races with a dive?

You may only start with a dive if you have passed the Swim England Competitive Start award.

• What is a Swim England Competitive Start Award?

Please see <u>https://www.swimming.org/learntoswim/swim-england-competitive-start-awards/</u> If you have not passed the award, you will start each race in the water. This is perfectly acceptable and will ensure your safety. We expect there to be many swimmers starting in the water.

• What if I am unable to come?

You can withdraw your swimmer online at <u>https://swimming.events/</u>. Refunds are **not** available after accepted entries have been posted other than for certified medical reasons. Please contact <u>britishdsswimmingchamps@gmail.com</u> Withdrawals can also be made on the day but must be made before the start of the warm-up for the relevant session.

At the Event

• Will there be live-streaming? Yes. The link will be put up on the website https://www.dss-gb.org/sign-up/

• Will I be photographed?

Yes, it is highly likely that you will be photographed. You may complete a photographic consent withdrawal form prior to the event and best efforts will be made to exclude your swimmer from photographs taken by the organiser.

• Will there be social media coverage of the event?

Yes. Down Syndrome Swimming GB and the British Championships will be covering the event all weekend.

Facebook	@DSSGBofficial	@Britdsswimchamp
Х	@DSSGB1	@britdsswimchamp
Instagram	@downsyndromeswimminggb	@britdsswimchamp

At K2 Leisure Centre

- Is there a café at K2? Yes. It will be open serving refreshments and food
- How do I get to K2? Please see the travel and accommodation pack <u>https://www.dss-gb.org/sign-up/</u>
- Is there parking at K2?

Yes, there is free car parking, including disabled bays close to the main entrance. Other locations nearby are used as overflow car parks when very busy and will be signposted when in use. This is unlikely on the weekend of the British Championships.

Are spectators allowed?

Spectators are most welcome on the balcony. There will be a charge for entry of ± 5.00 per session (± 5.00 for the morning and ± 5.00 for the afternoon) payable on the day by cash or card at the entrance to the balcony. There will also be a raffle. Good luck!

Results

How can I see the results? Results of each race will be available on the day either on printed sheets on the back wall of the spectator balcony and on poolside, on Swimming Events (<u>https://swimming.events/</u>) and after the event on the DSS-GB website (<u>https://www.dss-gb.org/sign-up/</u>).

• I have been disqualified. How do I find out why?

The reason for any disqualifications will be listed on the results on the back wall of the spectator balcony and on poolside. The decisions of the referee should be respected. If you have any questions, we ask that you politely ask one of the DSS-GB volunteers who will do their best to help.

• What is the difference between a championship medal and an age group medal?

The swimmers are divided firstly into two categories, T21 and Mosaic according to their diagnosis, and then into 4 age groups by age on the last day of competition.

- Juniors (16/Under)
- Seniors (17-24)
- Masters 1 (25-34) and
- Masters 2 (35/Over).

Once each event is complete, the results for each age group and category will be listed, and age group medals will be given out to the fastest 3 in each category age group at the medals table on poolside.

A championship medal will be presented to the 3 fastest overall, on the podium. There will be no championship medals in 25m races, as these are not official events recorded on the British Rankings database (https://www.swimmingresults.org/individualbest/)

If I have any questions before the weekend, how do I make contact?

Via the BDSSC email britishdsswimmingchamps@gmail.com