

Mixed 10 Yrs/Over 1500m Freestyle**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Conor Macauley-conway	21	Kingston Roy	27:34.26	2.31% (00:39.14)	134

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Evens	27	Hitchin	22:07.11	1.23% (00:16.48)	259
1	Caroline Faithfull	29	TauntonDeane	25:55.05	7.16% (01:59.95)	205

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Adam Stewart	39	Co South'ton	27:39.20	4.00% (01:09.10)	132
2	Andrew Banks	36	Melton M'bry	30:44.64	-3.52% (01:02.64)	96

Mixed 10 Yrs/Over 400m Individual Medley** Speedy Swimmer***17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	William Roberts	24	Peterbo SPG	06:57.66	7.19% (00:32.35)	177
1	Helen Thompson	20	Oswestry Ott	07:24.75	3.71% (00:17.15)	197

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	William Reed	29	Teddington	07:18.63	-0.43% (00:01.89)	153
1	Jemima Rudd-jones	27	RTW Monson	08:22.55	-2.60% (00:12.75)	136

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Holmes	40	Colchester P	07:41.69	2.02% (00:09.50)	131

Female 10 Yrs/Over 25m Freestyle**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Cecilia Lakin	15	No Club	24.50 *	0.00% (00:00.00)	0
2	Fayina Wray	14	Newbury	25.49 *	0.00% (00:00.00)	0
3	Ruth Hodgson	15	Leatherhead	25.95 *	0.00% (00:00.00)	0
4	Pippa Allan	15	No Club	27.19 <i>silver</i>	33.68% (00:13.81)	0
5	Amelia Cawsey-jones	15	No Club	32.94	16.94% (00:06.72)	0
6	Hannah Dubock	16	Electric Els	32.97	3.43% (00:01.17)	0
7	Rose Jefferis	13	No Club	33.05	19.39% (00:07.95)	0
8	Lillie-mae Gool	12	No Club	34.66	0.00% (00:00.00)	0
9	Harriet Perriss	12	Cheshire Penguins	42.26	18.43% (00:09.55)	0
10	Amber Davies	13	No Club	43.79	-7.33% (00:02.99)	0
11	Poppy Aldhouse	12	Winchester	52.66	0.00% (00:00.00)	0

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Hannah Coulson	17	Colchester P	23.63 *	12.48% (00:03.37)	0
2	Amelia Birch	20	Reading Cygn	25.27 *	10.45% (00:02.95)	0
3	Katie Froggatt	20	Mid Sussex	27.00 <i>Gold</i>	2.49% (00:00.69)	0
4	Jessica Williams	19	Cheshire Penguins	27.93 <i>Bronze</i>	12.83% (00:04.11)	0
5	Emily Kitchen	19	Cheshire Penguins	29.47	-3.08% (00:00.88)	0
6	Grace Coward	20	Ashbourne	31.47	0.00% (00:00.00)	0
7	Eleanor Cleasby	21	No Club	32.42	-0.78% (00:00.25)	0
8	Ellen Parr	17	S Olympics Sussex	33.77	3.51% (00:01.23)	0
9	Nancy Lloyd	18	S Olympics Sussex	35.25	12.16% (00:04.88)	0
10	Abbie Frost	21	Cheshire Penguins	36.86	0.30% (00:00.11)	0
	Grace Woolnough	24	No Club	Did not compete		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Elizabeth Tinkler	27	No Club	29.00	7.05% (00:02.20)	0
2	Kathryn Lloyd	26	No Club	31.22	0.00% (00:00.00)	0
3	Harriet Davis	30	Dumfries & Galloway DS	32.10	12.10% (00:04.42)	0

**Speedy Swimmer*

Pos	Name	Age	Club	Time	Improvement	AQUA
	Kathryn Nicholl	34	Sharks	Did not compete		

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Sarah Beane	42	IoW Sport Opp	28.61	2.12% (00:00.62)	0
2	Lucy Bridson	37	No Club	28.70	5.90% (00:01.80)	0
3	Amanda Harkness	44	Dumfries & Galloway DS	40.11	-37.22% (00:10.88)	0

Open/Male 10 Yrs/Over 25m Freestyle**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Joseph Edwards	14	No Club	20.73*	18.71% (00:04.77)	0
2	Benjamin Larkin	15	Leander	22.88*	54.24% (00:27.12)	0
3	Elliot Wembridge	16	Co Bristol	23.47*	10.56% (00:02.77)	0
4	Michael Seymour	15	No Club	24.67*	8.66% (00:02.34)	0
5	George Kennedy	14	No Club	31.75	0.00% (00:00.00)	0
6	Thomas Sethi	12	Mid Sussex	38.68	14.04% (00:06.32)	0
7	Nicholas Towell Badinski	12	No Club	53.79	10.35% (00:06.21)	0

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	James Langford	23	Reading Cygn	20.47*	18.64% (00:04.69)	0
2	Zak El Hage	18	Mid Sussex	21.28*	15.42% (00:03.88)	0
3	Benjamin Aston	22	No Club	28.52	4.93% (00:01.48)	0
4	Benjamin Bird	18	No Club	33.01	-21.32% (00:05.80)	0
5	Thomas New	21	Cheshire Penguins	33.51	-3.11% (00:01.01)	0

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Hunt	25	No Club	20.85*	20.48% (00:05.37)	0
2	Glenn Fielden	32	Halifax	26.31 <i>Bronze</i>	14.08% (00:04.31)	0

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Alan Jardine	36	Scot West	26.00 <i>Gold</i>	12.66% (00:03.77)	0
2	Benjamin Rees	36	No Club	26.25 <i>Silver</i>	2.13% (00:00.57)	0

Female 10 Yrs/Over 200m Backstroke**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Ellen Stephenson	19	RichmondDale	03:15.57	0.17% (00:00.33)	224
1	Kathryn Martin	24	Bracknell	03:41.40	1.47% (00:03.30)	155
2	Holly Bocking	22	Colchester P	03:58.38	-2.75% (00:06.39)	124
3	Grace Hone	19	Fareham N'ds	04:23.37	7.01% (00:19.85)	92
4	Ciara Mckenna	21	Berkhamsted	05:07.84	0.00% (00:00.00)	57

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Caroline Faithfull	29	TauntonDeane	03:41.48	-1.61% (00:03.51)	154
2	Laura Logan	29	Sth Ayrshire	04:21.57	2.42% (00:06.50)	94

Open/Male 10 Yrs/Over 200m Backstroke**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	William Roberts	24	Peterbo SPG	03:26.74	2.23% (00:04.71)	133
	Dylan Hughes	21	Newport	Disqualified		
	Dylan Williams	19	Torfaen D	Disqualified		
	Matthew Mccreadie	19	Inverness	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Birchmore	27	Sharks	02:50.88	0.02% (00:00.03)	236

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Holmes	40	Colchester P	03:31.41	1.16% (00:02.49)	124

Female 10 Yrs/Over 100m Breaststroke**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
	Amy Henson	16	Wycombe Dist	Disqualified		
	Amelia Cawsey-jones	15	No Club	Disqualified		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Ellen Stephenson	19	RichmondDale	01:51.45	1.70% (00:01.93)	175
1	Holly Sullivan	19	Swindon	01:54.53	0.80% (00:00.92)	161
2	Helen Thompson	20	Oswestry Ott	01:54.82	0.78% (00:00.90)	160
3	Elizabeth Allen	19	Oswestry Ott	01:55.76	1.96% (00:02.32)	156
4	Caitlin Trevor	20	Kingston Roy	02:01.94	-3.33% (00:03.93)	133
5	Grace Hone	19	Fareham N'ds	02:29.63	2.85% (00:04.39)	72
	Amelia Birch	20	Reading Cygn	Disqualified		
	Ellen Parr	17	S Olympics Sussex	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Rebecca Turner	25	Gloucester	02:29.66	-7.11% (00:09.93)	72
	Kathryn Lloyd	26	No Club	Disqualified		

Open/Male 10 Yrs/Over 100m Breaststroke**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Jack Lyons	21	Sharks	01:40.66	-0.20% (00:00.20)	165
2	Zak Pankhurst	18	Hackney	01:49.02	0.28% (00:00.31)	130
3	Dorian Williams	22	Trowbridge	01:58.15	2.96% (00:03.60)	102
4	Connor Gilmore	18	Hackney	02:34.91	6.34% (00:10.49)	45
	Joseph Adams	21	Cheshire Penguins	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Birchmore	27	Sharks	01:34.28	2.82% (00:02.74)	201
2	William Reed	29	Teddington	01:42.77	-5.58% (00:05.43)	155
3	Hardi Pais	27	SK Meduus	01:45.30	7.13% (00:08.09)	144
4	Stephane Rouyer-brown	26	Runnymede	01:49.74	0.25% (00:00.28)	127

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Philip Nicholls	35	No Club	02:34.15	-0.73% (00:01.12)	46

Female 10 Yrs/Over 50m Butterfly**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Amy Henson	16	Wycombe Dist	01:03.36	2.24% (00:01.45)	56
	Cecilia Lakin	15	No Club	Disqualified		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Amalia Freeland	17	Leander	41.84	10.75% (00:05.04)	197
2	Caitlin Hatfield	19	Winchester	45.63	7.63% (00:03.77)	152
1	Alexandra Edwards	24	Bristol Pen	47.87	-10.00% (00:04.35)	132
3	Caitlin Trevor	20	Kingston Roy	50.65	1.52% (00:00.78)	111
4	Cerys Mccrindle	21	Sth Ayrshire	51.36	-6.18% (00:02.99)	106
5	Holly Sullivan	19	Swindon	51.71	0.12% (00:00.06)	104
6	Kathryn Martin	24	Bracknell	52.07	-5.47% (00:02.70)	102
7	Holly Bocking	22	Colchester P	52.89	3.08% (00:01.68)	97
8	Elizabeth Allen	19	Oswestry Ott	53.92	7.88% (00:04.61)	92
9	Beth Greig	23	St Thomas	54.66	-0.98% (00:00.53)	88
10	Brooke Hawkins	17	Norton Rads	01:04.34	0.00% (00:00.00)	54
11	Grace Hone	19	Fareham N'ds	01:13.23	-5.59% (00:03.88)	36
12	Ciara Mckenna	21	Berkhamsted	01:13.53	5.40% (00:04.20)	36
13	Hannah Coulson	17	Colchester P	01:19.30	-15.45% (00:10.61)	29
14	Grace Coward	20	Ashbourne	01:27.74	0.00% (00:00.00)	21

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Jemima Rudd-jones	27	RTW Monson	49.41	-5.13% (00:02.41)	120
2	Florence Garrett	30	Teddington	54.94	3.63% (00:02.07)	87
3	Laura Logan	29	Sth Ayrshire	57.91	-12.38% (00:06.38)	74
4	Rebecca Turner	25	Gloucester	01:06.81	4.75% (00:03.33)	48

Open/Male 10 Yrs/Over 50m Butterfly**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Joseph Edwards	14	No Club	59.41	8.60% (00:05.59)	49
	Samuel Craddock	16	West Dorset	Disqualified		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Zachary Lacey	23	Seaclose	33.66	0.36% (00:00.12)	269
2	Jack Lyons	21	Sharks	38.71	2.35% (00:00.93)	177
3	Matthew Mccreadie	19	Inverness	39.86	-1.40% (00:00.55)	162
4	Dylan Williams	19	Torfaen D	40.34	-11.13% (00:04.04)	156
5	Dylan Hughes	21	Newport	40.45	-0.65% (00:00.26)	155
6	William Browning	21	Tadcaster	41.53	-5.73% (00:02.25)	143
7	Gabriel Kenchington	17	Bexhill	42.12	18.10% (00:09.31)	137
8	George Stubbs	21	Tadcaster	44.15	6.32% (00:02.98)	119
9	Zak Pankhurst	18	Hackney	45.96	11.17% (00:05.78)	105
10	Benedict Edwards	20	Colchester P	53.52	3.98% (00:02.22)	67
	Nikos Hodge	17	Colchester P	Did not compete		
	Ben Bell	18	Andover	Disqualified		
	Conor Macauley-conway	21	Kingston Roy	Disqualified		
	Stanley Summers	20	Team Waveney	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Evens	27	Hitchin	35.08	0.60% (00:00.21)	238
2	Daniel Daley	28	Cheshire Penguins	39.29	2.07% (00:00.83)	169
3	Jake Vicars	28	RichmondDale	40.23	1.59% (00:00.65)	158
4	William Lake	26	RichmondDale	40.89	-6.48% (00:02.49)	150
5	Thomas Raddings	25	Co Wakefield	45.33	9.07% (00:04.52)	110
6	Stephane Rouyer-brown	26	Runnymede	46.82	0.81% (00:00.38)	100
	Nino Genua	25	Bristol Sharks	Did not compete		

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Andrew Banks	36	Melton M'bry	42.92	10.36% (00:04.96)	130
2	Benjamin Rees	36	No Club	52.70	0.00% (00:00.00)	70
	Samuel Haslam	35	Reading Cygn	Disqualified		

Open/Male 10 Yrs/Over 25m Backstroke** Speedy Swimmer***10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Joseph Edwards	14	No Club	25.25 *	8.18% (00:02.25)	0
2	Benjamin Larkin	15	Leander	30.51	56.41% (00:39.49)	0
3	Michael Seymour	15	No Club	35.55	0.00% (00:00.00)	0
4	Henry Oakes	15	Harlow Pen	36.81	-3.98% (00:01.41)	0
5	Elliot Wembridge	16	Co Bristol	38.42	-1.11% (00:00.42)	0
6	George Kennedy	14	No Club	39.41	-7.53% (00:02.76)	0
7	Thomas Sethi	12	Mid Sussex	51.95	30.73% (00:23.05)	0
8	Nicholas Towell Badinski	12	No Club	01:01.58	-2.63% (00:01.58)	0

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	James Langford	23	Reading Cygn	27.00	11.33% (00:03.45)	0
2	Stanley Summers	20	Team Waveney	27.14	19.70% (00:06.66)	0
3	Connor Gilmore	18	Hackney	28.47	11.72% (00:03.78)	0
4	Henry Johnston	21	Sunbeam	30.11	48.97% (00:28.89)	0
5	Thomas New	21	Cheshire Penguins	38.15	-13.88% (00:04.65)	0
6	Benjamin Aston	22	No Club	39.27	-3.34% (00:01.27)	0
7	Benjamin Bird	18	No Club	49.10	-17.89% (00:07.45)	0
	Ben Bell	18	Andover	Disqualified		
	Archie Graham	18	No Club	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Hunt	25	No Club	24.86 *	24.11% (00:07.90)	0
2	Glenn Fielden	32	Halifax	32.62	-4.69% (00:01.46)	0

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Samuel Haslam	35	Reading Cygn	26.32 *	23.24% (00:07.97)	0
2	Alan Jardine	36	Scot West	30.03	11.81% (00:04.02)	0

Female 10 Yrs/Over 25m Backstroke**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Fayina Wray	14	Newbury	27.31 *	0.00% (00:00.00)	0
2	Ruth Hodgson	15	Leatherhead	32.20	0.00% (00:00.00)	0
3	Cecilia Lakin	15	No Club	32.69	0.00% (00:00.00)	0
4	Pippa Allan	15	No Club	33.92	19.24% (00:08.08)	0
5	Harriet Perriss	12	Cheshire Penguins	40.32	35.00% (00:21.71)	0
6	Lillie-mae Gool	12	No Club	41.06	0.00% (00:00.00)	0
7	Amber Davies	13	No Club	41.94	0.00% (00:00.00)	0
8	Rose Jefferis	13	No Club	45.32	-7.90% (00:03.32)	0
	Poppy Aldhouse	12	Winchester	Disqualified		

17-24

** Speedy Summer*

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Charlotte Denison-foster	23	No Club	26.64 *	28.58% (00:10.66)	0
2	Emily Thomas	17	Berkhamsted	27.24 *	6.71% (00:01.96)	0
3	Amelia Birch	20	Reading Cygn	30.35 <i>Gold</i>	-4.66% (00:01.35)	0
4	Katie Froggatt	20	Mid Sussex	31.93 <i>Silver</i>	24.08% (00:10.13)	0
5	Ellen Parr	17	S Olympics Sussex	37.05	0.00% (00:00.00)	0
6	Abbie Frost	21	Cheshire Penguins	37.82	7.62% (00:03.12)	0
7	Jessica Williams	19	Cheshire Penguins	39.25	-0.51% (00:00.20)	0
8	Isabelle Procter	19	Cheshire Penguins	40.23	6.53% (00:02.81)	0
9	Eleanor Cleasby	21	No Club	40.54	1.29% (00:00.53)	0
	Alessandra Plewman	17	Electric Els	Did not compete		
	Grace Woolnough	24	No Club	Did not compete		
	Emily Kitchen	19	Cheshire Penguins	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Kathryn Lloyd	26	No Club	40.88	0.00% (00:00.00)	0
2	Elizabeth Tinkler	27	No Club	41.25	3.53% (00:01.51)	0
3	Harriet Davis	30	Dumfries & Galloway DS	50.88	-60.61% (00:19.20)	0
	Kathryn Nicholl	34	Sharks	Did not compete		

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Emma Birley	37	Dumfries & Galloway DS	34.05	-7.48% (00:02.37)	0
1	Lucy Bridson	37	No Club	34.15	-7.56% (00:02.40)	0
2	Amanda Harkness	44	Dumfries & Galloway DS	40.27	-2.60% (00:01.02)	0
	Sarah Beane	42	IoW Sport Opp	Disqualified		

Open/Male 10 Yrs/Over 200m Freestyle**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Samuel Craddock	16	West Dorset	04:51.65	-10.03% (00:26.59)	39

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	William Roberts	24	Peterbo SPG	02:59.59	1.07% (00:01.94)	169
2	Gersi Troka	23	No Club	03:00.95	-2.23% (00:03.95)	165
3	William Browning	21	Tadcaster	03:05.19	-1.31% (00:02.39)	154
4	Conor Macauley-conway	21	Kingston Roy	03:06.25	3.64% (00:07.03)	151
5	Dylan Hughes	21	Newport	03:19.84	-0.13% (00:00.25)	122
6	Dorian Williams	22	Trowbridge	03:20.87	-1.67% (00:03.30)	121
7	Matthew Mccreadie	19	Inverness	03:29.96	-5.53% (00:11.01)	106
8	Gabriel Kenchington	17	Bexhill	03:33.27	0.00% (00:00.00)	101
9	George Stubbs	21	Tadcaster	03:44.23	0.00% (00:00.00)	87
10	Samuel Wainwright	17	Cheshire Penguins	04:03.02	-1.44% (00:03.45)	68
11	Andrew Potter	20	Cheshire Penguins	04:36.21	11.50% (00:35.88)	46

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Evens	27	Hitchin	02:39.35	-3.27% (00:05.05)	242
2	Jake Vicars	28	RichmondDale	03:09.18	-1.76% (00:03.28)	144

Pos	Name	Age	Club	Time	Improvement	AQUA
3	William Lake	26	RichmondDale	03:16.20	3.01% (00:06.09)	129
4	Thomas Raddings	25	Co Wakefield	03:22.70	-2.79% (00:05.50)	117
5	Daniel Daley	28	Cheshire Penguins	03:27.75	0.98% (00:02.06)	109

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Andrew Banks	36	Melton M'bry	03:29.34	0.84% (00:01.78)	106
2	Samuel Haslam	35	Reading Cygn	03:45.66	-4.05% (00:08.78)	85

Female 10 Yrs/Over 200m Freestyle**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Scarlett Jones	15	Darlington	03:28.19	5.91% (00:13.08)	148

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Amalia Freeland	17	Leander	03:04.79	7.61% (00:15.21)	212
2	Helen Thompson	20	Oswestry Ott	03:06.41	6.72% (00:13.43)	207
3	Caitlin Hatfield	19	Winchester	03:12.01	5.03% (00:10.17)	189
4	Cerys Mccrindle	21	Sth Ayrshire	03:18.95	-4.16% (00:07.95)	170
5	Kathryn Martin	24	Bracknell	03:25.11	-2.52% (00:05.05)	155
6	Holly Sullivan	19	Swindon	03:35.36	-3.50% (00:07.28)	134
7	Beth Greig	23	St Thomas	03:56.05	-5.58% (00:12.48)	102
8	Grace Hone	19	Fareham N'ds	04:09.97	3.01% (00:07.75)	85
9	Ciara Mckenna	21	Berkhamsted	04:31.59	0.92% (00:02.53)	67
10	Isabelle Procter	19	Cheshire Penguins	05:16.31	2.36% (00:07.64)	42
11	Eleanor Cleasby	21	No Club	05:33.96	-3.20% (00:10.36)	36
12	Grace Coward	20	Ashbourne	06:04.13	0.00% (00:00.00)	27

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Caroline Faithfull	29	TauntonDeane	03:10.69	2.11% (00:04.11)	193

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Lucy Bridson	37	No Club	04:59.00	1.53% (00:04.64)	50

Open/Male 10 Yrs/Over 50m Breaststroke**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Samuel Craddock	16	West Dorset	01:09.14	-2.95% (00:01.98)	46
2	Joseph Edwards	14	No Club	01:14.98	-7.11% (00:04.98)	36

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Jack Lyons	21	Sharks	45.88	-0.57% (00:00.26)	160
2	Dylan Williams	19	Torfaen D	47.44	2.63% (00:01.28)	145
3	Zak Pankhurst	18	Hackney	49.89	11.42% (00:06.43)	125
4	Gabriel Kenchington	17	Bexhill	50.33	16.00% (00:09.59)	121
5	Dorian Williams	22	Trowbridge	54.48	-3.26% (00:01.72)	96
6	Stanley Summers	20	Team Waveney	58.09	17.01% (00:11.91)	79
7	Joseph Adams	21	Cheshire Penguins	01:00.15	3.06% (00:01.90)	71
	Zak El Hage	18	Mid Sussex	Disqualified		
	Connor Gilmore	18	Hackney	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Birchmore	27	Sharks	43.13	0.78% (00:00.34)	193
2	William Reed	29	Teddington	45.75	-0.82% (00:00.37)	162
3	Hardi Pais	27	SK Meduus	47.37	3.44% (00:01.69)	146
4	Stephane Rouyer-brown	26	Runnymede	50.67	-7.01% (00:03.32)	119
5	Jake Vicars	28	RichmondDale	54.10	-3.58% (00:01.87)	98
	Thomas Raddings	25	Co Wakefield	Disqualified		
	Billy Hunt	25	No Club	Disqualified		

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Philip Nicholls	35	No Club	59.10	5.04% (00:03.14)	75

Female 10 Yrs/Over 50m Breaststroke**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Scarlett Jones	15	Darlington	01:03.19	0.52% (00:00.33)	92
2	Amelia Cawsey-jones	15	No Club	01:21.20	-9.08% (00:06.76)	43
	Cecilia Lakin	15	No Club	Disqualified		
	Ruth Hodgson	15	Leatherhead	Disqualified		
	Pippa Allan	15	No Club	Disqualified		
	Amber Davies	13	No Club	Disqualified		
	Amy Henson	16	Wycombe Dist	Disqualified		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Ellen Stephenson	19	RichmondDale	52.71	3.99% (00:02.19)	159
1	Elizabeth Allen	19	Oswestry Ott	53.36	-0.11% (00:00.06)	153
2	Amalia Freeland	17	Leander	53.76	-3.38% (00:01.76)	149
3	Holly Sullivan	19	Swindon	53.81	5.21% (00:02.96)	149
4	Caitlin Trevor	20	Kingston Roy	54.30	0.13% (00:00.07)	145
5	Holly Bocking	22	Colchester P	01:00.75	-3.60% (00:02.11)	103
6	Charlotte Denison-foster	23	No Club	01:02.54	11.38% (00:08.03)	95
7	Amelia Birch	20	Reading Cygn	01:05.48	8.48% (00:06.07)	82
8	Grace Hone	19	Fareham N'ds	01:08.78	0.06% (00:00.04)	71
2	Alexandra Edwards	24	Bristol Pen	01:12.16	0.00% (00:00.00)	61
9	Ellen Parr	17	S Olympics Sussex	01:16.07	0.00% (00:00.00)	52
10	Hannah Coulson	17	Colchester P	01:16.88	-0.27% (00:00.21)	51
	Emily Thomas	17	Berkhamsted	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Rebecca Turner	25	Gloucester	01:10.24	-10.60% (00:06.73)	67
2	Shauna Hogan	31	Cheshire Penguins	01:30.08	-8.32% (00:06.92)	31
	Kathryn Lloyd	26	No Club	Disqualified		
	Elizabeth Tinkler	27	No Club	Disqualified		

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Lucy Bridson	37	No Club	01:49.17	11.77% (00:14.57)	17

Open/Male 10 Yrs/Over 100m Butterfly**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Zachary Lacey	23	Seaclose	01:19.00	-5.94% (00:04.43)	221
2	Matthew Mccreadie	19	Inverness	01:38.26	1.28% (00:01.27)	114
3	Dylan Hughes	21	Newport	01:43.93	2.41% (00:02.57)	97

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Evens	27	Hitchin	01:17.84	1.24% (00:00.98)	231
2	Jake Vicars	28	RichmondDale	01:40.24	2.49% (00:02.56)	108
3	William Lake	26	RichmondDale	01:44.53	-6.52% (00:06.40)	95

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Holmes	40	Colchester P	01:46.21	-0.73% (00:00.77)	91
2	Adam Stewart	39	Co South'ton	01:49.27	-6.08% (00:06.26)	83

Female 10 Yrs/Over 100m Butterfly**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Alexandra Edwards	24	Bristol Pen	01:55.91	-9.57% (00:10.12)	105

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Jemima Rudd-jones	27	RTW Monson	01:51.79	-7.42% (00:07.72)	117
2	Laura Logan	29	Sth Ayrshire	02:15.15	-13.58% (00:16.16)	66

Open/Male 10 Yrs/Over 100m Individual Medley**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Zachary Lacey	23	Seaclose	01:28.46	1.48% (00:01.33)	172
2	Jack Lyons	21	Sharks	01:29.89	5.10% (00:04.83)	164

Pos	Name	Age	Club	Time	Improvement	AQUA
3	William Roberts	24	Peterbo SPG	01:32.77	0.16% (00:00.15)	149
4	Dylan Williams	19	Torfaen D	01:35.24	4.05% (00:04.02)	138
5	Gabriel Kenchington	17	Bexhill	01:44.03	12.80% (00:15.27)	106
6	Stanley Summers	20	Team Waveney	01:57.25	0.00% (00:00.00)	74
7	George Stubbs	21	Tadcaster	02:00.55	-1.14% (00:01.36)	68
8	Benedict Edwards	20	Colchester P	02:01.32	5.39% (00:06.91)	67
	Dorian Williams	22	Trowbridge	Disqualified		
	Conor Macauley-conway	21	Kingston Roy	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Birchmore	27	Sharks	01:22.19	-1.59% (00:01.29)	215
2	William Reed	29	Teddington	01:34.29	-4.18% (00:03.78)	142
3	Stephane Rouyer-brown	26	Runnymede	01:44.17	-10.60% (00:09.98)	105
4	Thomas Raddings	25	Co Wakefield	01:47.48	-3.35% (00:03.48)	96
	Billy Hunt	25	No Club	Disqualified		

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Holmes	40	Colchester P	01:35.84	-4.12% (00:03.79)	135
2	Adam Stewart	39	Co South'ton	01:57.27	0.00% (00:00.00)	74
	Samuel Haslam	35	Reading Cygn	Disqualified		

Female 10 Yrs/Over 100m Individual Medley**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Amy Henson	16	Wycombe Dist	02:10.00	0.00% (00:00.00)	82
2	Fayina Wray	14	Newbury	02:24.83	0.00% (00:00.00)	59
3	Pippa Allan	15	No Club	02:49.90	-14.80% (00:21.90)	36
	Scarlett Jones	15	Darlington	Disqualified		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Amalia Freeland	17	Leander	01:34.21	3.54% (00:03.46)	215
1	Ellen Stephenson	19	RichmondDale	01:34.74	1.77% (00:01.71)	212
2	Helen Thompson	20	Oswestry Ott	01:39.82	5.61% (00:05.93)	181
3	Caitlin Hatfield	19	Winchester	01:44.69	1.29% (00:01.37)	157
4	Caitlin Trevor	20	Kingston Roy	01:50.25	0.43% (00:00.48)	134
5	Kathryn Martin	24	Bracknell	01:53.29	-1.01% (00:01.13)	124
6	Elizabeth Allen	19	Oswestry Ott	01:53.31	-1.23% (00:01.38)	124
7	Holly Bocking	22	Colchester P	01:53.61	0.95% (00:01.09)	123
8	Cerys Mccrindle	21	Sth Ayrshire	01:54.27	0.63% (00:00.73)	120
9	Beth Greig	23	St Thomas	02:03.82	-1.53% (00:01.87)	95
10	Hannah Coulson	17	Colchester P	02:23.83	9.28% (00:14.71)	60
11	Ciara Mckenna	21	Berkhamsted	02:25.73	5.28% (00:08.12)	58
	Emily Thomas	17	Berkhamsted	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Jemima Rudd-jones	27	RTW Monson	01:52.95	-4.06% (00:04.41)	125

Pos	Name	Age	Club	Time	Improvement	AQUA
2	Rebecca Turner	25	Gloucester	02:14.21	-2.53% (00:03.31)	74
3	Shauna Hogan	31	Cheshire Penguins	03:02.96	-1.70% (00:03.05)	29

Mixed 10 Yrs/Over 800m Freestyle**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Helen Thompson	20	Oswestry Ott	13:39.85	3.97% (00:33.86)	199
1	William Browning	21	Tadcaster	14:04.81	6.13% (00:55.19)	144
2	Conor Macauley-conway	21	Kingston Roy	14:07.83	0.05% (00:00.46)	143
2	Cerys Mccrindle	21	Sth Ayrshire	14:19.90	8.91% (01:24.10)	173
3	Samuel Wainwright	17	Cheshire Penguins	17:31.37	-6.20% (01:01.37)	75

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Evens	27	Hitchin	11:39.07	0.66% (00:04.63)	255
1	Caroline Faithfull	29	TauntonDeane	13:29.59	2.67% (00:22.18)	207

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Adam Stewart	39	Co South'ton	13:51.30	10.19% (01:34.35)	151

Female 10 Yrs/Over 25m Butterfly

* Speedy Summer.

10-16

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Fayina Wray	14	Newbury	27.33 *	0.00% (00:00.00)	0
2	Cecilia Lakin	15	No Club	29.66 Silver	0.00% (00:00.00)	0
3	Pippa Allan	15	No Club	35.64 Bronze.	22.52% (00:10.36)	0
	Esther Peevor	15	Sharks	Disqualified		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Brooke Hawkins	17	Norton Rads	29.53 Gold	0.00% (00:00.00)	0
2	Eva Carrick	18	Temple SC	35.31	1.59% (00:00.57)	0
3	Rebecca Simpson	18	Electric Els	44.99	4.36% (00:02.05)	0
	Charlotte Denison-foster	23	No Club	Did not compete		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Shauna Hogan	31	Cheshire Penguins	39.70	-15.07% (00:05.20)	0

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Sarah Beane	42	IoW Sport Opp	39.03	0.00% (00:00.00)	0

Open/Male 10 Yrs/Over 25m Butterfly

10-16

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Joseph Edwards	14	No Club	23.22 *	15.56% (00:04.28)	0
	Thomas Sethi	12	Mid Sussex	Disqualified		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Nikos Hodge	17	Colchester P	23.97 *	0.00% (00:00.00)	0
2	Archie Graham	18	No Club	30.62 Gold	0.00% (00:00.00)	0
3	Benjamin Aston	22	No Club	38.27	-19.59% (00:06.27)	0
	Zak El Hage	18	Mid Sussex	Disqualified		
	Alfie Liddell	18	Electric Els	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Hunt	25	No Club	30.72 Silver	4.42% (00:01.42)	0

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Samuel Haslam	35	Reading Cygn	23.39 *	13.37% (00:03.61)	0
2	Benjamin Rees	36	No Club	25.14 *	0.00% (00:00.00)	0

Pos	Name	Age	Club	Time	Improvement	AQUA
3	Philip Nicholls	35	No Club	32.89	<i>Bronze</i> . 23.51% (00:10.11)	0
	Kevin Ellwood	37	Dumfries & Galloway DS	Did not compete		

Mixed 10 Yrs/Over 200m Butterfly

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Zachary Lacey	23	Seaclose	03:12.98	-10.36% (00:18.12)	176
2	Gersi Troka	23	No Club	03:36.12	3.95% (00:08.88)	125
	Alexandra Edwards	24	Bristol Pen	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Jemima Rudd-jones	27	RTW Monson	04:03.94	-9.25% (00:20.65)	117
2	Laura Logan	29	Sth Ayrshire	04:49.06	-5.38% (00:14.77)	70

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Holmes	40	Colchester P	03:52.08	-2.19% (00:04.98)	101

Female 10 Yrs/Over 100m Backstroke

10-16

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Scarlett Jones	15	Darlington	01:51.63	14.81% (00:19.40)	118
2	Amy Henson	16	Wycombe Dist	02:09.99	-3.10% (00:03.91)	75

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Ellen Stephenson	19	RichmondDale	01:32.27	0.22% (00:00.20)	210
1	Caitlin Hatfield	19	Winchester	01:47.49	-2.33% (00:02.45)	133
2	Holly Bocking	22	Colchester P	01:55.15	-2.27% (00:02.56)	108
3	Grace Hone	19	Fareham N'ds	02:03.47	0.88% (00:01.10)	87
4	Beth Greig	23	St Thomas	02:07.39	-4.56% (00:05.56)	79
5	Hannah Coulson	17	Colchester P	02:15.74	0.00% (00:00.00)	66
6	Ciara Mckenna	21	Berkhamsted	02:18.27	-2.93% (00:03.94)	62
7	Eleanor Cleasby	21	No Club	03:05.03	9.53% (00:19.49)	26
	Amalia Freeland	17	Leander	Disqualified		
	Amelia Birch	20	Reading Cygn	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Caroline Faithfull	29	TauntonDeane	01:49.76	-3.75% (00:03.97)	125
2	Florence Garrett	30	Teddington	01:55.25	3.20% (00:03.81)	108
3	Rebecca Turner	25	Gloucester	02:17.22	-11.80% (00:14.48)	64

Open/Male 10 Yrs/Over 100m Backstroke**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Samuel Craddock	16	West Dorset	02:01.76	13.77% (00:19.45)	62

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Dylan Williams	19	Torfaen D	01:31.74	2.61% (00:02.46)	146
2	Dylan Hughes	21	Newport	01:39.26	1.10% (00:01.10)	115
3	Matthew Mccreadie	19	Inverness	01:41.03	0.16% (00:00.16)	109
4	Benedict Edwards	20	Colchester P	02:01.53	9.08% (00:12.14)	62
5	James Langford	23	Reading Cygn	02:11.92	11.46% (00:17.07)	49
6	Samuel Wainwright	17	Cheshire Penguins	02:16.68	-13.76% (00:16.53)	44
	William Roberts	24	Peterbo SPG	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Birchmore	27	Sharks	01:19.78	2.41% (00:01.97)	222
2	William Lake	26	RichmondDale	01:37.66	0.95% (00:00.94)	121
	Eddie Cotter	25	WindsorMStar	Disqualified		
	Thomas Raddings	25	Co Wakefield	Disqualified		

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Holmes	40	Colchester P	01:35.38	-0.47% (00:00.45)	130
2	Alan Jardine	36	Scot West	02:30.04	-0.26% (00:00.39)	33

Female 10 Yrs/Over 200m Breaststroke**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Helen Thompson	20	Oswestry Ott	03:58.64	3.19% (00:07.86)	179
2	Elizabeth Allen	19	Oswestry Ott	04:08.47	3.38% (00:08.68)	158
3	Holly Sullivan	19	Swindon	04:24.33	-8.02% (00:19.62)	131
4	Caitlin Trevor	20	Kingston Roy	04:31.36	-6.15% (00:15.73)	121
	Ellen Parr	17	S Olympics Sussex	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Jemima Rudd-jones	27	RTW Monson	04:25.92	-4.08% (00:10.42)	129

Open/Male 10 Yrs/Over 200m Breaststroke**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Zak Pankhurst	18	Hackney	04:00.83	0.00% (00:00.00)	124
	Gabriel Kenchington	17	Bexhill	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	William Reed	29	Teddington	03:36.67	-1.67% (00:03.56)	170
2	Hardi Pais	27	SK Meduus	03:49.12	2.11% (00:04.94)	144
3	Stephane Rouyer-brown	26	Runnymede	03:58.02	3.59% (00:08.87)	128

Female 10 Yrs/Over 50m Freestyle

10-16

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Scarlett Jones	15	Darlington	43.63	5.79% (00:02.68)	145
2	Amy Henson	16	Wycombe Dist	50.67	9.44% (00:05.28)	92
3	Cecilia Lakin	15	No Club	52.36	0.00% (00:00.00)	83
4	Ruth Hodgson	15	Leatherhead	54.44	0.00% (00:00.00)	74
5	Fayina Wray	14	Newbury	56.82	0.00% (00:00.00)	65
6	Pippa Allan	15	No Club	58.20	26.05% (00:20.50)	61
7	Esther Peevor	15	Sharks	58.63	18.35% (00:13.18)	59
8	Hannah Dubock	16	Electric Els	01:13.31	1.29% (00:00.96)	30
9	Aimee Horn	12	Basingstoke	01:20.52	-34.20% (00:20.52)	23
	Lillie-mae Gool	12	No Club	Did not compete		
	Amelia Cawsey-jones	15	No Club	Did not compete		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Caitlin Hatfield	19	Winchester	38.28	3.33% (00:01.32)	214
1	Ellen Stephenson	19	RichmondDale	38.30	-1.59% (00:00.60)	214
2	Caitlin Trevor	20	Kingston Roy	41.97	-4.01% (00:01.62)	163
3	Cerys Mccrindle	21	Sth Ayrshire	42.36	-5.95% (00:02.38)	158
4	Elizabeth Allen	19	Oswestry Ott	43.80	-8.60% (00:03.47)	143
2	Alexandra Edwards	24	Bristol Pen	43.99	-6.46% (00:02.67)	141
5	Holly Sullivan	19	Swindon	44.18	-2.03% (00:00.88)	139
6	Beth Greig	23	St Thomas	47.20	-3.83% (00:01.74)	114
7	Alessandra Plewman	17	Electric Els	49.52	1.00% (00:00.50)	99
8	Charlotte Denison-foster	23	No Club	49.66	13.45% (00:07.72)	98
9	Holly Bocking	22	Colchester P	49.89	0.06% (00:00.03)	97
10	Zoe Greasley	18	Electric Els	51.52	0.66% (00:00.34)	88
11	Ciara Mckenna	21	Berkhamsted	54.28	-0.99% (00:00.53)	75
12	Brooke Hawkins	17	Norton Rads	55.45	4.51% (00:02.62)	70
13	Hannah Coulson	17	Colchester P	58.20	0.02% (00:00.01)	61
14	Eva Carrick	18	Temple SC	58.54	-5.42% (00:03.01)	60
15	Emily Thomas	17	Berkhamsted	58.68	-11.58% (00:06.09)	59
16	Emily Kitchen	19	Cheshire Penguins	01:00.22	10.82% (00:07.31)	55
17	Katie Froggatt	20	Mid Sussex	01:01.72	12.81% (00:09.07)	51
18	Isabelle Procter	19	Cheshire Penguins	01:02.55	0.68% (00:00.43)	49
19	Jessica Williams	19	Cheshire Penguins	01:03.20	23.24% (00:19.13)	47
20	Eleanor Cleasby	21	No Club	01:09.96	-1.49% (00:01.03)	35
21	Ellen Parr	17	S Olympics Sussex	01:14.41	0.00% (00:00.00)	29
22	Abbie Frost	21	Cheshire Penguins	01:22.06	3.96% (00:03.38)	21
	Grace Woolnough	24	No Club	Did not compete		
	Amalia Freeland	17	Leander	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Florence Garrett	30	Teddington	44.45	12.86% (00:06.56)	137
2	Laura Logan	29	Sth Ayrshire	49.96	-5.31% (00:02.52)	96

Pos	Name	Age	Club	Time	Improvement	AQUA
3	Rebecca Turner	25	Gloucester	53.02	-8.65% (00:04.22)	80
4	Elizabeth Tinkler	27	No Club	01:05.73	23.77% (00:20.50)	42
5	Kainaat (molly) Khan	27	Electric Els	01:11.41	3.50% (00:02.59)	33
6	Eleanor Drewry	29	Electric Els	01:13.55	12.77% (00:10.77)	30
7	Kathryn Lloyd	26	No Club	01:14.30	0.00% (00:00.00)	29
8	Shauna Hogan	31	Cheshire Penguins	01:17.65	3.47% (00:02.79)	25
9	Lucy Stewart	33	Co South'ton	01:19.26	1.38% (00:01.11)	24

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Emma Birley	37	Dumfries & Galloway DS	59.17	0.72% (00:00.43)	58
1	Lucy Bridson	37	No Club	01:00.69	6.65% (00:04.32)	53
2	Sarah Beane	42	IoW Sport Opp	01:03.50	6.85% (00:04.67)	47

Open/Male 10 Yrs/Over 50m Freestyle**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Joseph Edwards	14	No Club	45.96	23.40% (00:14.04)	84
2	Samuel Craddock	16	West Dorset	46.75	1.50% (00:00.71)	80
3	Elliot Wembridge	16	Co Bristol	57.24	2.98% (00:01.76)	43
4	Dylan Daly	16	Electric Els	58.25	5.81% (00:03.59)	41
5	Henry Oakes	15	Harlow Pen	01:01.57	-9.95% (00:05.57)	35

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Jack Lyons	21	Sharks	34.07	-1.94% (00:00.65)	207
2	Dylan Williams	19	Torfaen D	34.38	-0.70% (00:00.24)	201
3	William Browning	21	Tadcaster	36.52	-8.37% (00:02.82)	168
4	Dorian Williams	22	Trowbridge	36.61	-1.75% (00:00.63)	166
5	William Roberts	24	Peterbo SPG	37.18	-5.90% (00:02.07)	159
6	Conor Macauley-conway	21	Kingston Roy	37.76	-1.07% (00:00.40)	152
7	Matthew Mccreadie	19	Inverness	38.61	3.09% (00:01.23)	142
8	Zak Pankhurst	18	Hackney	38.77	-2.27% (00:00.86)	140
9	Dylan Hughes	21	Newport	39.00	-2.42% (00:00.92)	138
10	George Stubbs	21	Tadcaster	39.83	-5.37% (00:02.03)	129
11	Nikos Hodge	17	Colchester P	43.77	0.00% (00:00.00)	97
12	Joseph Adams	21	Cheshire Penguins	44.02	10.62% (00:05.23)	96
13	Henry Johnston	21	Sunbeam	44.06	8.51% (00:04.10)	95
14	Connor Gilmore	18	Hackney	44.99	6.45% (00:03.10)	89
15	Samuel Wainwright	17	Cheshire Penguins	45.77	-5.61% (00:02.43)	85
16	Zak El Hage	18	Mid Sussex	46.14	10.60% (00:05.47)	83
17	James Langford	23	Reading Cygn	46.54	11.82% (00:06.24)	81
18	Stanley Summers	20	Team Waveney	48.49	16.40% (00:09.51)	71
19	Benedict Edwards	20	Colchester P	49.42	-5.69% (00:02.66)	67
20	Jack Archer	20	Electric Els	49.94	0.20% (00:00.10)	65
21	Andrew Gullick	17	No Club	52.78	0.00% (00:00.00)	55
22	Andrew Potter	20	Cheshire Penguins	53.04	7.50% (00:04.30)	54
23	Alfie Liddell	18	Electric Els	53.53	18.42% (00:12.09)	53
24	Ben Bell	18	Andover	54.63	-3.08% (00:01.63)	50
25	Joseph Pavey	22	Basingstoke	56.84	-10.82% (00:05.55)	44
26	Oliver Funk	20	Electric Els	59.87	10.72% (00:07.19)	38
27	Archie Graham	18	No Club	01:02.78	14.27% (00:10.45)	33
28	Thomas New	21	Cheshire Penguins	01:17.03	-4.70% (00:03.46)	17

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Birchmore	27	Sharks	31.41	1.97% (00:00.63)	264
2	Mark Evens	27	Hitchin	32.87	-0.61% (00:00.20)	230
3	Jake Vicars	28	RichmondDale	38.72	-3.83% (00:01.43)	141
4	William Reed	29	Teddington	38.78	-1.25% (00:00.48)	140
5	Daniel Daley	28	Cheshire Penguins	39.33	-5.44% (00:02.03)	134
6	Thomas Raddings	25	Co Wakefield	39.75	-3.25% (00:01.25)	130
7	Stephane Rouyer-brown	26	Runnymede	42.14	5.13% (00:02.28)	109
8	Billy Hunt	25	No Club	43.33	14.44% (00:07.31)	100
9	Glenn Fielden	32	Halifax	57.45	6.63% (00:04.08)	43
10	Eddie Cotter	25	WindsorMStar	58.10	11.92% (00:07.86)	41
	Nino Genua	25	Bristol Sharks	Did not compete		

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Andrew Banks	36	Melton M'bry	40.01	-0.05% (00:00.02)	127
2	Samuel Haslam	35	Reading Cygn	40.72	6.52% (00:02.84)	121
3	Philip Nicholls	35	No Club	48.98	-5.06% (00:02.36)	69
4	Benjamin Rees	36	No Club	55.27	4.31% (00:02.49)	48
5	Alan Jardine	36	Scot West	01:02.84	4.61% (00:03.04)	33
	Kevin Ellwood	37	Dumfries & Galloway DS	Did not compete		

Open/Male 10 Yrs/Over 400m Freestyle**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Zachary Lacey	23	Seaclose	06:33.52 <i>Silver</i>	7.25% (00:30.74)	156
2	Conor Macauley-conway	21	Kingston Roy	06:57.34	-0.51% (00:02.11)	131
3	Dorian Williams	22	Trowbridge	07:07.76	0.00% (00:00.00)	122
4	Gabriel Kenchington	17	Bexhill	07:46.57	0.00% (00:00.00)	94

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Evens	27	Hitchin	05:38.01 <i>Gold</i>	-2.68% (00:08.82)	247
	Stephane Rouyer-brown	26	Runnymede	Did not compete		

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Adam Stewart	39	Co South'ton	06:53.66 <i>Bronze</i>	9.38% (00:42.80)	135
2	Andrew Banks	36	Melton M'bry	07:15.75	4.32% (00:19.68)	115

Female 10 Yrs/Over 400m Freestyle**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Helen Thompson	20	Oswestry Ott	06:36.82	1.70% (00:06.88)	204
2	Cerys Mccrindle	21	Sth Ayrshire	06:42.02	0.00% (00:00.02)	196
3	Eleanor Cleasby	21	No Club	11:54.67	-1.50% (00:10.56)	35

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Caroline Faithfull	29	TauntonDeane	06:36.71	0.81% (00:03.24)	205

Open/Male 10 Yrs/Over 25m Breaststroke**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Joseph Edwards	14	No Club	30.79	0.68% (00:00.21)	0
	Samuel Craddock	16	West Dorset	Disqualified		
	Henry Oakes	15	Harlow Pen	Disqualified		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Joseph Adams	21	Cheshire Penguins	28.00 <i>Gold</i>	3.61% (00:01.05)	0
2	Andrew Gullick	17	No Club	28.44 <i>Silver</i>	0.00% (00:00.00)	0
3	Andrew Potter	20	Cheshire Penguins	28.73 <i>Bronze</i>	5.99% (00:01.83)	0
4	Zak El Hage	18	Mid Sussex	30.75	0.00% (00:00.00)	0
	Connor Gilmore	18	Hackney	Disqualified		
	Nikos Hodge	17	Colchester P	Disqualified		
	Archie Graham	18	No Club	Disqualified		
	Benjamin Bird	18	No Club	Disqualified		

Pos	Name	Age	Club	Time	Improvement	AQUA
	Benjamin Aston	22	No Club	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Glenn Fielden	32	Halifax	36.91	29.53% (00:15.47)	0

Female 10 Yrs/Over 25m Breaststroke**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Ruth Hodgson	15	Leatherhead	31.64	<i>Bronze</i> 0.00% (00:00.00)	0
2	Pippa Allan	15	No Club	32.56	16.51% (00:06.44)	0
3	Cecilia Lakin	15	No Club	34.08	0.00% (00:00.00)	0
4	Fayina Wray	14	Newbury	35.74	0.00% (00:00.00)	0
5	Amelia Cawsey-jones	15	No Club	38.43	-6.42% (00:02.32)	0
	Hannah Dubock	16	Electric Els	Disqualified		
	Esther Peevor	15	Sharks	Disqualified		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Charlotte Denison-foster	23	No Club	30.26	<i>Gold</i> 11.03% (00:03.75)	0
2	Amelia Birch	20	Reading Cygn	30.72	<i>Silver</i> 15.97% (00:05.84)	0
3	Ellen Parr	17	S Olympics Sussex	34.19	0.00% (00:00.00)	0
4	Eva Carrick	18	Temple SC	36.54	-3.22% (00:01.14)	0
5	Rebecca Simpson	18	Electric Els	39.50	14.94% (00:06.94)	0
6	Katie Froggatt	20	Mid Sussex	42.17	8.72% (00:04.03)	0
	Nancy Lloyd	18	S Olympics Sussex	Disqualified		
	Emily Thomas	17	Berkhamsted	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Kathryn Lloyd	26	No Club	34.60	0.00% (00:00.00)	0
2	Lucy Stewart	33	Co South'ton	35.25	14.73% (00:06.09)	0
3	Shauna Hogan	31	Cheshire Penguins	41.43	-8.03% (00:03.08)	0
	Elizabeth Tinkler	27	No Club	Disqualified		

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Sarah Beane	42	IoW Sport Opp	35.66	0.00% (00:00.00)	0
2	Lucy Bridson	37	No Club	46.39	15.93% (00:08.79)	0
	Emma Birley	37	Dumfries & Galloway DS	Disqualified		

Open/Male 10 Yrs/Over 200m Individual Medley**17-24**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	William Roberts	24	Peterbo SPG	03:16.44	2.13% (00:04.28)	173
2	Dylan Hughes	21	Newport	03:34.29	0.93% (00:02.01)	133

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	William Reed	29	Teddington	03:20.35	-1.62% (00:03.20)	163
2	Jake Vicars	28	RichmondDale	03:38.84	-0.33% (00:00.72)	125

Female 10 Yrs/Over 200m Individual Medley

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Ellen Stephenson	19	RichmondDale	03:19.54	2.81% (00:05.76)	227
1	Amalia Freeland	17	Leander	03:20.87	5.25% (00:11.14)	223
2	Caitlin Trevor	20	Kingston Roy	03:54.86	1.97% (00:04.72)	139
3	Elizabeth Allen	19	Oswestry Ott	04:09.41	-9.05% (00:20.70)	116
4	Beth Greig	23	St Thomas	04:23.60	-2.15% (00:05.56)	98
	Holly Bocking	22	Colchester P	Disqualified		
	Grace Hone	19	Fareham N'ds	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Jemima Rudd-jones	27	RTW Monson	03:59.64	-5.11% (00:11.66)	131

Open/Male 10 Yrs/Over 50m Backstroke

10-16

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Samuel Craddock	16	West Dorset	55.11	8.76% (00:05.29)	65
2	Henry Oakes	15	Harlow Pen	01:10.94	-1.47% (00:01.03)	30
3	Dylan Daly	16	Electric Els	01:22.67	5.52% (00:04.83)	19

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Zachary Lacey	23	Seaclose	42.14	-2.88% (00:01.18)	146
2	Jack Lyons	21	Sharks	42.17	0.54% (00:00.23)	146
3	Dylan Williams	19	Torfaen D	42.44	3.22% (00:01.41)	143
4	Matthew Mccreadie	19	Inverness	49.36	-5.70% (00:02.66)	91
5	Gabriel Kenchington	17	Bexhill	50.01	0.00% (00:00.00)	87
6	Dorian Williams	22	Trowbridge	52.79	-2.80% (00:01.44)	74
7	Nikos Hodge	17	Colchester P	55.14	0.00% (00:00.00)	65
8	George Stubbs	21	Tadcaster	56.12	-2.09% (00:01.15)	62
9	James Langford	23	Reading Cygn	58.55	9.81% (00:06.37)	54
10	Benedict Edwards	20	Colchester P	01:02.27	4.87% (00:03.19)	45
11	Samuel Wainwright	17	Cheshire Penguins	01:03.99	-5.40% (00:03.28)	41
12	Jack Archer	20	Electric Els	01:05.59	13.71% (00:10.42)	38
13	Joseph Pavey	22	Basingstoke	01:07.16	-7.85% (00:04.89)	36
14	Oliver Funk	20	Electric Els	01:07.36	15.99% (00:12.82)	35
15	Henry Johnston	21	Sunbeam	01:10.09	1.17% (00:00.83)	31
16	Alfie Liddell	18	Electric Els	01:13.53	28.65% (00:29.53)	27
	Connor Gilmore	18	Hackney	Disqualified		
	Ben Bell	18	Andover	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Birchmore	27	Sharks	36.69	3.22% (00:01.22)	222
2	William Lake	26	RichmondDale	44.18	0.94% (00:00.42)	127
3	William Reed	29	Teddington	48.07	-4.96% (00:02.27)	98
4	Thomas Raddings	25	Co Wakefield	49.48	-4.94% (00:02.33)	90
5	Daniel Daley	28	Cheshire Penguins	50.26	-3.93% (00:01.90)	86
6	Billy Hunt	25	No Club	55.67	19.58% (00:13.55)	63
7	Glenn Fielden	32	Halifax	01:22.63	-15.61% (00:11.16)	19
8	Eddie Cotter	25	WindsorMStar	01:24.75	15.53% (00:15.58)	18

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Mark Holmes	40	Colchester P	43.42	5.28% (00:02.42)	134
2	Samuel Haslam	35	Reading Cygn	56.62	19.60% (00:13.80)	60
3	Philip Nicholls	35	No Club	58.47	5.46% (00:03.38)	54
4	Alan Jardine	36	Scot West	01:06.12	1.31% (00:00.88)	37
	Kevin Ellwood	37	Dumfries & Galloway DS	Did not compete		

Female 10 Yrs/Over 50m Backstroke**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Amy Henson	16	Wycombe Dist	55.30	2.09% (00:01.18)	95
2	Fayina Wray	14	Newbury	01:01.31	0.00% (00:00.00)	70
3	Ruth Hodgson	15	Leatherhead	01:07.91	0.00% (00:00.00)	51
4	Cecilia Lakin	15	No Club	01:10.55	0.00% (00:00.00)	45
5	Esther Peevor	15	Sharks	01:11.97	11.31% (00:09.18)	43
	Scarlett Jones	15	Darlington	Did not compete		
	Lillie-mae Gool	12	No Club	Did not compete		
	Aimee Horn	12	Basingstoke	Did not compete		
	Hannah Dubock	16	Electric Els	Disqualified		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Caitlin Hatfield	19	Winchester	47.34	3.80% (00:01.87)	152
1	Alexandra Edwards	24	Bristol Pen	49.10	0.75% (00:00.37)	136
2	Holly Bocking	22	Colchester P	53.41	-1.56% (00:00.82)	105
3	Elizabeth Allen	19	Oswestry Ott	55.62	-4.24% (00:02.26)	93
4	Alessandra Plewman	17	Electric Els	01:00.44	-3.55% (00:02.07)	73
5	Zoe Greasley	18	Electric Els	01:01.89	5.41% (00:03.54)	68
6	Hannah Coulson	17	Colchester P	01:03.57	4.06% (00:02.69)	62
7	Amelia Birch	20	Reading Cygn	01:04.76	-2.79% (00:01.76)	59
8	Eva Carrick	18	Temple SC	01:05.33	-3.48% (00:02.20)	57
9	Ciara Mckenna	21	Berkhamsted	01:07.70	-6.95% (00:04.40)	52
10	Ellen Parr	17	S Olympics Sussex	01:15.94	4.21% (00:03.34)	36
11	Isabelle Procter	19	Cheshire Penguins	01:24.75	1.28% (00:01.10)	26
12	Abbie Frost	21	Cheshire Penguins	01:29.38	5.10% (00:04.80)	22
13	Jessica Williams	19	Cheshire Penguins	01:32.71	-0.60% (00:00.55)	20
14	Eleanor Cleasby	21	No Club	01:33.57	1.87% (00:01.78)	19
	Grace Woolnough	24	No Club	Did not compete		
	Emily Thomas	17	Berkhamsted	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Laura Logan	29	Sth Ayrshire	53.76	2.18% (00:01.20)	103
2	Florence Garrett	30	Teddington	54.63	4.04% (00:02.30)	98
3	Rebecca Turner	25	Gloucester	01:00.44	2.72% (00:01.69)	73
4	Eleanor Drewry	29	Electric Els	01:14.95	-4.47% (00:03.21)	38
5	Lucy Stewart	33	Co South'ton	01:27.87	-14.07% (00:10.84)	23
6	Kathryn Lloyd	26	No Club	01:32.17	0.00% (00:00.00)	20
7	Kainaat (molly) Khan	27	Electric Els	01:39.37	-9.20% (00:08.37)	16

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Lucy Bridson	37	No Club	01:12.09	-1.59% (00:01.13)	43
2	Sarah Beane	42	IoW Sport Opp	01:13.95	1.75% (00:01.32)	39

Open/Male 10 Yrs/Over 100m Freestyle**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Joseph Edwards	14	No Club	01:44.15	22.85% (00:30.85)	79
2	Henry Oakes	15	Harlow Pen	02:16.25	0.00% (00:00.00)	35

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Jack Lyons	21	Sharks	01:18.88	2.11% (00:01.70)	183
2	Dylan Williams	19	Torfaen D	01:23.56	-1.47% (00:01.21)	154
3	William Roberts	24	Peterbo SPG	01:23.79	-4.33% (00:03.48)	153
4	Dylan Hughes	21	Newport	01:25.84	6.05% (00:05.53)	142
5	Dorian Williams	22	Trowbridge	01:28.19	-3.68% (00:03.13)	131
6	Conor Macauley-conway	21	Kingston Roy	01:28.22	-2.88% (00:02.47)	131
7	Matthew Mccreadie	19	Inverness	01:31.97	-6.04% (00:05.24)	115
8	Zak Pankhurst	18	Hackney	01:34.27	-0.73% (00:00.68)	107
9	Gabriel Kenchington	17	Bexhill	01:35.18	11.28% (00:12.10)	104
10	George Stubbs	21	Tadcaster	01:35.88	0.48% (00:00.46)	102
11	Stanley Summers	20	Team Waveney	01:41.71	15.24% (00:18.29)	85
12	Joseph Adams	21	Cheshire Penguins	01:44.27	0.85% (00:00.89)	79
13	Benedict Edwards	20	Colchester P	01:49.66	-4.59% (00:04.81)	68
14	Samuel Wainwright	17	Cheshire Penguins	01:49.87	-10.48% (00:10.42)	67
15	Connor Gilmore	18	Hackney	01:51.72	3.86% (00:04.48)	64
16	Joseph Pavey	22	Basingstoke	01:55.44	-12.54% (00:12.86)	58
17	James Langford	23	Reading Cygn	02:00.91	-5.22% (00:06.00)	51
18	Jack Archer	20	Electric Els	02:01.19	10.89% (00:14.81)	50
19	Andrew Potter	20	Cheshire Penguins	02:05.23	1.91% (00:02.44)	45
20	Andrew Gullick	17	No Club	02:06.95	0.00% (00:00.00)	44
21	Oliver Funk	20	Electric Els	02:23.29	16.91% (00:29.17)	30
	Ben Bell	18	Andover	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Billy Birchmore	27	Sharks	01:08.99	2.45% (00:01.73)	274
2	Mark Evens	27	Hitchin	01:11.22	-0.25% (00:00.18)	249
3	Daniel Daley	28	Cheshire Penguins	01:23.99	0.73% (00:00.62)	152
4	Jake Vicars	28	RichmondDale	01:24.03	-2.49% (00:02.04)	151
5	Thomas Raddings	25	Co Wakefield	01:27.41	-1.05% (00:00.91)	134
6	William Lake	26	RichmondDale	01:29.06	-0.39% (00:00.35)	127

Pos	Name	Age	Club	Time	Improvement	AQUA
7	Stephane Rouyer-brown	26	Runnymede	01:33.16	-2.76% (00:02.50)	111
8	Billy Hunt	25	No Club	01:37.50	8.02% (00:08.50)	97
9	Eddie Cotter	25	WindsorMStar	02:10.03	7.17% (00:10.05)	41

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Andrew Banks	36	Melton M'bry	01:26.44	6.48% (00:05.99)	139
2	Samuel Haslam	35	Reading Cygn	01:41.12	-2.16% (00:02.14)	87
3	Alan Jardine	36	Scot West	02:30.70	-0.70% (00:01.05)	26

Female 10 Yrs/Over 100m Freestyle**10-16**

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Amy Henson	16	Wycombe Dist	01:49.90	20.36% (00:28.10)	95
2	Hannah Dubock	16	Electric Els	02:47.29	5.84% (00:10.38)	27
	Scarlett Jones	15	Darlington	Did not compete		

17-24

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Ellen Stephenson	19	RichmondDale	01:21.78	2.06% (00:01.72)	231
1	Amalia Freeland	17	Leander	01:25.14	2.60% (00:02.27)	205
2	Caitlin Hatfield	19	Winchester	01:26.25	4.59% (00:04.15)	197
3	Helen Thompson	20	Oswestry Ott	01:27.80	-1.08% (00:00.94)	187
4	Cerys Mccrindle	21	Sth Ayrshire	01:31.55	-3.94% (00:03.47)	165
5	Caitlin Trevor	20	Kingston Roy	01:35.59	3.37% (00:03.33)	145
6	Holly Sullivan	19	Swindon	01:36.78	-2.23% (00:02.11)	139
7	Beth Greig	23	St Thomas	01:45.69	-3.15% (00:03.23)	107
2	Alexandra Edwards	24	Bristol Pen	01:50.47	-18.49% (00:17.24)	94
8	Charlotte Denison-foster	23	No Club	01:52.09	4.80% (00:05.65)	90
9	Alessandra Plewman	17	Electric Els	01:53.84	11.08% (00:14.18)	86
10	Grace Hone	19	Fareham N'ds	01:55.00	4.97% (00:06.01)	83
11	Ciara Mckenna	21	Berkhamsted	02:02.73	1.70% (00:02.12)	68
12	Brooke Hawkins	17	Norton Rads	02:03.84	0.00% (00:00.00)	66
13	Zoe Greasley	18	Electric Els	02:06.02	7.94% (00:10.87)	63
14	Emily Thomas	17	Berkhamsted	02:13.94	-4.52% (00:05.79)	52
15	Emily Kitchen	19	Cheshire Penguins	02:18.67	9.24% (00:14.12)	47
16	Isabelle Procter	19	Cheshire Penguins	02:26.40	4.09% (00:06.25)	40
17	Eleanor Cleasby	21	No Club	02:34.68	3.26% (00:05.21)	34
18	Abbie Frost	21	Cheshire Penguins	02:59.28	3.66% (00:06.82)	22
	Hannah Coulson	17	Colchester P	Disqualified		

25-34

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Caroline Faithfull	29	TauntonDeane	01:30.54	-1.28% (00:01.14)	170
2	Jemima Rudd-jones	27	RTW Monson	01:41.94	-3.05% (00:03.02)	119
3	Florence Garrett	30	Teddington	01:50.62	9.34% (00:11.39)	93
4	Laura Logan	29	Sth Ayrshire	01:51.90	-0.35% (00:00.39)	90
5	Rebecca Turner	25	Gloucester	02:02.06	-8.43% (00:09.49)	69
6	Elizabeth Tinkler	27	No Club	02:33.54	0.00% (00:00.00)	35
7	Eleanor Drewry	29	Electric Els	02:45.24	-13.65% (00:19.84)	28
8	Kainaat (molly) Khan	27	Electric Els	02:49.91	4.82% (00:08.61)	25
9	Shauna Hogan	31	Cheshire Penguins	02:51.91	1.57% (00:02.74)	24

Pos	Name	Age	Club	Time	Improvement	AQUA
10	Kathryn Lloyd	26	No Club	03:01.20	0.00% (00:00.00)	21

35/Over

Pos	Name	Age	Club	Time	Improvement	AQUA
1	Lucy Bridson	37	No Club	02:17.10	0.82% (00:01.13)	49