



Event FAQs (as at July 24)

I am new to competing. Do you have any advice?

Please have a look at our “Introduction to Competing” guide on the event webpage

Entering the Event using SwimPro:

When can I enter?

Entries open on Monday 9th September and close on Sunday 20th October, at midnight. Please plan your entry so you get it in on time.

How do I enter?

Entries are made via the SwimPro website (link will be on website in due course) - the event will be live once entries open on 9th September.

You will need to create an account and add your swimmer's details - name, date of birth, type of Down Syndrome (mosaic / T21) - plus club and Swim England member number if you have one.

How do I buy a poolside pass?

One poolside pass will be permitted per independent swimmer entry, to allow them to have an assistant with them on poolside.

Individual swimmers: you must buy a pass at the same time as entering via the button on the website. There is a button on the SwimPro website. The passes cost £5 per day. Maximum one poolside pass per swimmer.

Swimmers coming as part of a club entry: your club will advise if you need to apply for a pass or not

How many coaches/support can be poolside with me?

As above, no more than one coach/support per swimmer to be present poolside.

For Swim Clubs / groups – we would suggest a coach / team manager to swimmer ratio of 1 per 4 swimmers.

How many events can I enter?

You may enter a maximum of 8 races over the weekend. If you enter more we will reject your entries over and above 8.



Why should I consider NOT entering a 25m race?

- The 25m events are aimed at development / slower swimmers.
- If you have achieved a time faster than the cut-off for that 25m event (see “Upper Limits” document) then you should not enter that event as you are too fast. We will check times swimmers achieved in the 2023 Champs where necessary.
- There are 50m races in all events - so if you are too fast for the 25m, you can enter the 50m instead, and maybe even the 100m!

What entry times do I use?

- If you have times from licensed swim meets use these. All the times from last year’s event can be found [HERE](#)
- If you have an estimate for an entry time from a coach you can use that
- If you have no official or estimated time you enter NT - this is fine

Can I start my races with a dive?

You may only start with a dive if you have passed the Swim England Competitive Start award. You will be expected to dive from the Blocks.

What is a Swim England Competitive Start Award?

Please see <https://www.swimming.org/learntoswim/swim-england-competitive-start-awards/> If you have not passed the award, you will start each race in the water. This is perfectly acceptable and will ensure your safety. We expect there to be many swimmers starting in the water.

What if I am unable to come?

You can withdraw your swimmer online on the SwimPro website. Refunds are **not** available after accepted entries have been posted other than for certified medical reasons. Please contact britishdsswimmingchamps@gmail.com if this is the case. Withdrawals can also be made on the day but must be made before the start of the warm-up for the relevant session.



At the Event:

Will there be live-streaming?

Yes. The link will be put up on the website <https://www.dss-gb.org/sign-up/>

Will I be photographed?

Yes, it is highly likely that you will be photographed. If you do not wish to have a static photo taken of yourself, you can complete a photographic consent withdrawal form and best efforts will be made to exclude your swimmer from photographs taken by the organiser. These forms should be completed by the entry closing date of 20th October.

Will there be social media coverage of the event?

Yes. Down Syndrome Swimming GB and the British Championships will be covering the event all weekend.

Facebook	@DSSGBofficial	@Britdsswimchamp
X	@DSSGB1	@britdsswimchamp
Instagram	@downsyndromeswimminggb	@britdsswimchamp

At K2 Leisure Centre:

Is there a café at K2?

Yes. It will be open serving refreshments and food

How do I get to K2?

Please see the travel and accommodation pack <https://www.dss-gb.org/sign-up/>

Is there parking at K2?

Yes, there is free car parking, including disabled bays close to the main entrance. Other locations nearby are used as overflow car parks when very busy and will be signposted when in use. This is unlikely on the weekend of the British Championships.

Are spectators allowed?

Spectators are most welcome on the balcony. There will be a charge for entry of £5.00 per session (£5.00 for the morning and £5.00 for the afternoon). There will also be a raffle. Good luck!



Results:

How can I see the results?

Results of each race will be available on the day either on printed sheets on the back wall of the spectator balcony and on poolside, on the SwimPro website, and after the event on the DSS-GB website (<https://www.dss-gb.org/sign-up/>).

I have been disqualified. How do I find out why?

The reason for any disqualifications will be listed on the results on the back wall of the spectator balcony and on poolside. The decisions of the referee should be respected. If you have any questions, we ask that you politely ask one of the DSS-GB volunteers who will do their best to help.

What are speeding tickets? (25m events only)

If you enter a 25m event and end up swimming a time that is faster than the fastest allowed entry for that event, you will be given a speeding ticket. Your time will still be officially recorded in the results but you are not able to win a medal. Whilst you may be disappointed that you have not been awarded a medal, a speeding ticket means that you have swum a personal best time which should be celebrated.

What is the difference between a championship medal and an age group medal?

The swimmers are divided firstly into two categories, T21 and Mosaic according to their diagnosis, and then into 4 age groups by age on the last day of competition.

- Juniors (16/Under)
- Seniors (17-24)
- Masters 1 (25-34)
- Masters 2 (35/Over)

Once each event is complete, the results for each age group and category will be listed, and age group medals will be given out to the fastest 3 in each category age group at the medals table on poolside.

A Championship medal will be presented to the 3 fastest swimmers overall, on the podium. There will be no championship medals in 25m races, as these are not official events recorded on the British Rankings [database](#)

If I have any questions before the weekend, how do I make contact?

Via the BDSSC email britishdsswimmingchamps@gmail.com